

# Coaching Development Solutions

Transforming healthcare leadership at every level

## Why Partner with Us?

- Curated the Best Executive Coaches with deep coaching and healthcare experience.
- Comprehensive Flexible Formats: 1:1, group, team and enterprise options.
- High Impact: Builds self-awareness, strengthens leadership, drive measurable results.

## Coaching Areas



### Leading Self

Self-awareness, emotional intelligence, resilience



### Leading Others

communication, culture change, team performance



### Leading the Organization

Strategic alignment, execution, measurable outcomes

Coaching Program	Time Commitment	Program Focus
Executive	1:1 6-12 Months	Self-awareness, resilience, strategy execution, culture change
Board	Individual or Group 6-12 Months	Governance, alignment, board dynamics, fiduciary oversight
Leadership	1:1 6 Months	Emotional intelligence, career growth, team leadership
Physician	1:1 6 Months	Well-being, stress management, team leadership, clinical & strategic results
Team	6 Months	Clarity, trust, communication, accountability, alignment
Group	6 Months	Peer learning, self-awareness, collaborative leadership
Career & Onboarding Coaching	1:1 3 Months	Career path, onboarding support, resilience
Internal Coach Training & Certification	Cohort – 6–9 months (custom)	ICF/WABC-aligned curriculum, practice, mentoring
360 Assessment with Coaching	1-2 Months	Multi-source feedback, blind spots, actionable growth
On-Demand & Enterprise Coaching	Individual or group – 12 months (custom)	Flexible coaching blocks or subscriptions, micro-learning options

