



## *Lead Self First, Then Lead Others*

### **Program Overview**

Engaging others to make positive changes in their organizations starts with leaders who:

#### **Lead Self**

- Are self aware
- Pursue purpose with a passion
- Model the way by clarifying personal values and aligning their actions with their values
- Lead with their hearts as well as their heads

#### **Then Lead Others**

- Seek to understand the needs and concerns of others
- Embrace and inspire a shared vision with exciting possibilities for all involved
- Establish enduring relationships
- Build trust, garner support, establish collaborative goals, and share power

Through this session you will explore leadership best practices, engage in exercises that facilitate enhanced self-awareness and recognize that engaging others in successful change and transformation starts with you.

### **Program Objectives**

*Participants will be able to:*

- Describe their individual purpose, values, strengths, and areas for growth.
- Identify the experiences that have shaped their leadership approach.
- Employ tools that enable a deeper self awareness in order to lead others effectively